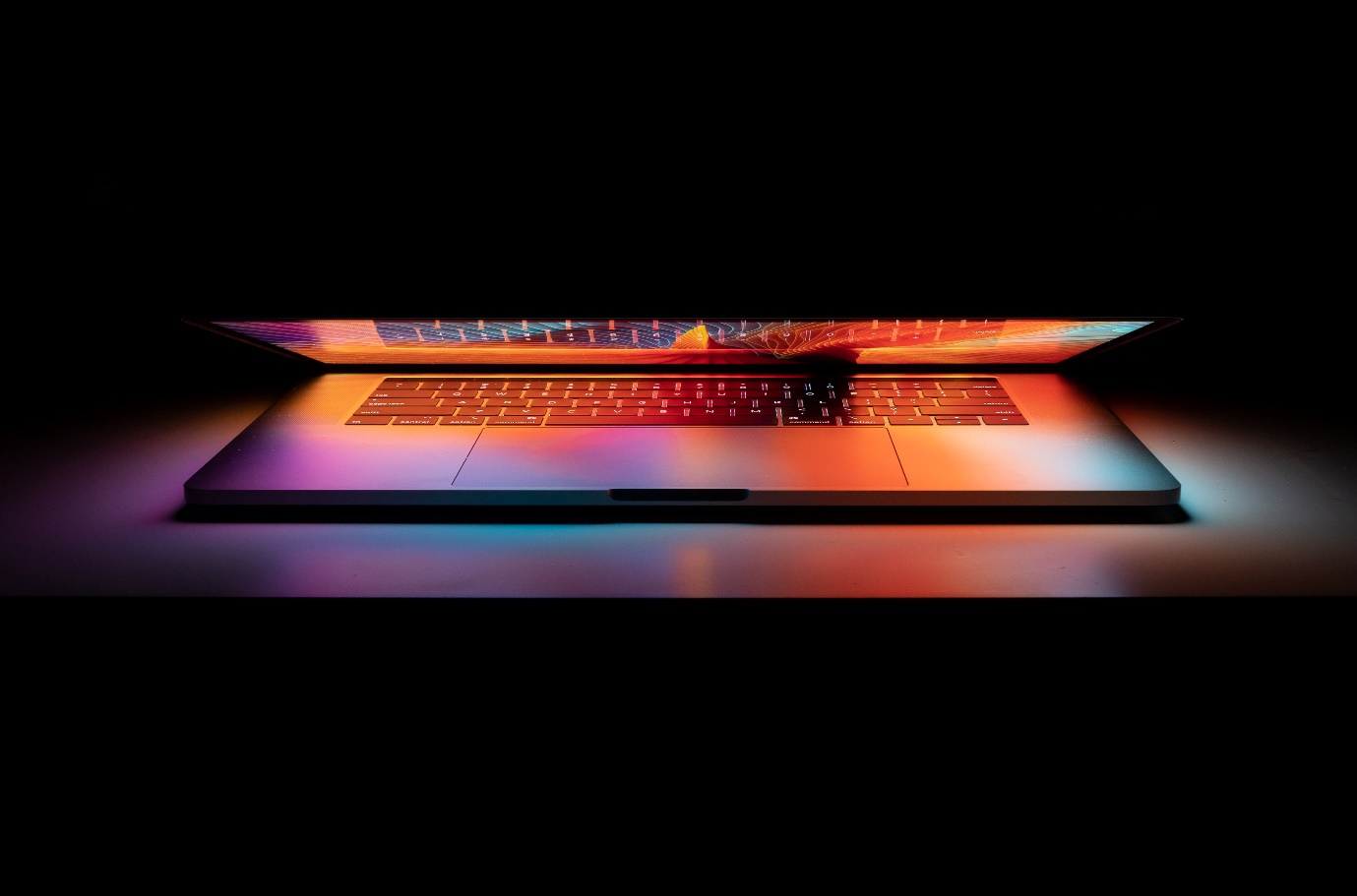
<Organisation Name>

Cyber Security Essential Checklist [Template]

<Document Version & Date>



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# Introduction

This is a Checklist of Essential Actions related to Cyber Security. Use it to prepare and maintain an IT environment to minimise the risk, impact and effects of cyber security incidents.

# Cyber Security Training

## Regular Training

Keep people up-to-date on cyber security matters:

* Effective training is conducted regularly, at least annually, and as the cyber security landscape changes
* Training is updated regularly to keep up-to-date with the evolving cyber security landscape
* Additional training is provided for people who have Administrator privileges, or who use remote access
* Specific training on phishing is regularly conducted, at least every three months
* People who join the organisation are required to go through the training

# Software Up-to-date and Secured

## Operating Systems at Latest Release

Operating systems on desktops, laptops and portable/mobile devices are at the latest major releases:

* Microsoft Windows 10 and Windows 11
* MacOS 14 or 15
* Android
* iOS 14 or 15 on iPhones and iPads

## Operating Systems Updated Regularly

Operating systems on desktops and laptops are kept up-to-date with regularly released updates, preferably automatically:

* Microsoft Windows 10 and Windows 11 run Windows Update regularly
* MacOS 14 or 15 is updated regularly

## Applications at Latest Release

Applications are kept at the latest releases:

* Microsoft Office
* Web browsers (Chrome, Edge, Firefox, Safari, etc)
* Malware and Antivirus software
* Email servers and clients
* PDF viewers and editors
* Other software (purchased, freeware, custom, etc)

## Applications Configured Securely

Applications are configured securely, following manufacturers’ or professional advice:

* Microsoft Office, including macros
* Web browsers (Chrome, Edge, Firefox, Safari, etc)
* Malware and Antivirus software
* Email servers and clients
* PDF viewers and editors
* Other software (purchased, freeware, custom, etc)

## Malware and Antivirus Software Active with Latest Definitions

Malware and Antivirus software is:

* Installed and starting automatically at system startup
* Automatically updating to the latest malware and antivirus definitions

## BIOS, Firmware and Drivers at Latest Releases

BIOS, firmware and driver versions on desktops and laptops are checked and updated as needed:

* BIOS
* Device drivers
* Device firmware

# Data Management

## Data

Data on the systems is understood:

* The scope and types of all data on systems is known
* Data has been classified to identify sensitive and high-value data
* Data needing to be restorable if lost or corrupted has been identified

## Backups

Backups of data are being taken:

* Backup software is installed and usable
* Backup devices and sufficient disk space (or other devices, e.g. tapes) are available
* Data to be backed up has been identified
* The schedule of regular backups has been decided
* Backups are automated, or the person to do backups assigned
* Regular backups are performed
* Backups are regularly tested to ensure the data can be restored and it is correct when restored

## Data Security

Data on the systems has appropriate safeguards:

* Sensitive and high-value data is protected against unauthorised access
* Sensitive and high-value data is encrypted when transferred or transported anywhere
* Sensitive and high-value data is securely destroyed when no longer needed

# Access and Accounts

## Operating System Accounts

All operating system accounts are controlled:

* All accounts must be approved
* Users have individual accounts – shared accounts are rarely, if ever, used
* Most accounts do not have Administrator privileges
* Only system administrators have accounts with Administrator privileges
* Accounts for people no longer with the organisation are disabled/deleted

## Application Accounts

All application accounts, if any, are controlled:

* All accounts must be approved
* Users have individual accounts – shared accounts are rarely, if ever, used
* Most accounts do not have Administrator privileges
* Only system administrators have accounts with Administrator privileges
* Accounts for people no longer with the organisation are disabled/deleted

## Multi-Factor Authentication

Multi-factor authentication is used where appropriate:

* Accounts and access requiring multi-factor authentication are identified
* Multi-factor authentication technology is available and understood
* Multi-factor authentication training is performed

## Remote Access

Remote access is used where appropriate:

* Accounts and access requiring remote access are identified
* Remote access technology is available and understood
* Remote access training is performed
* Remote access logs are reviewed regularly (at least every month)

## Network Access

Network access is secured:

* Access to manage network devices is protected by username and strong password
* WiFi access is restricted by needing a strong password to connect to the network
* Default passwords have been changed to strong passwords
* A Guest network with appropriate restrictions is available, if appropriate

# Cyber Security Incident Preparedness

## Plans

Plans exist or are being created for:

* Responding to a Cyber Security Incident
* Recovering from a Cyber Security Incident and restoring all normal activities
* Communicating during a Cyber Security Incident

## Monitoring

There is monitoring to detect Cyber Security Incidents:

* Automated technology tools, where reasonable
* Human monitoring, where reasonable and effective